

SPA
WELLNESS



CS RANCH
SPA & REHABILITATION
FOR YOUR HORSE

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REHABILITATION



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WELCOME AT CS RANCH: SPA & REHABILITATION FOR YOUR HORSE

Non-invasive therapy methods for your horse – on an outpatient or inpatient basis!
We cordially invite you to entrust us with your horse. We offer your horse the optimal conditions during rehabilitation, to increase performance or as a training alternative.

Preventively in build-up phases accompanying training, in tournament breaks or during your vacation. For highly qualified rehabilitation after operations or injuries. For tendon damage, degenerative diseases, respiratory and lung problems, kissing spines and much more.

Your horse is in good hands with us.



WE COMBINE STATE-OF-THE-ART DEVICES WITH INDIVIDUALLY ADAPTED ADDITIONAL APPLICATIONS.

AQUATRaining UNITS

rehabilitation and performance
improvement

VIBRATING PLATE THERAPY

rehabilitation and massage

HORSE TREADMILL

Training for strength
and endurance

HORSE SALT SPA

for high performance
equine athletes

CRYOTHERAPY

rapid pain relief and
overall faster recovery

HOFMAG THERAPY

Magnetic Wave Energy Therapy

LASER THERAPY

Professional Reha Team

ULTRASOUND THERAPY

Sound Wave Therapy

SHOCK WAVE THERAPY

short, intense
sound waves

SOLE INHALATION

Strengthening of the
immune system

EQUUSIR BEST BOX TREATMENTS

Bio Energetic Scan and Therapy

EQUUSIR BLANKET TREATMENTS

Bio Stimulation System





AQUA TRAINER

Wellness for your horses

The **aqua trainer** is used for the purposes of strength training for horses and rehabilitation following injury. For the horse, walking in the water requires a lot of power as it walks against the pressure of the water, which means that the horses will use the entire body more. Both the speed and the water level of the aqua trainer can be customized. As such, the training can be tailored to the needs of the horse. It uses cold water, which simultaneously cools the joints and tendons.



Aqua-Training benefits

- Wellness for your horses
- Rehabilitation after operations, injuries & tendon damage
- Rebuilding muscles
- General revitalization
- Complementary training.

For the rehabilitation and training support of Sports and leisure horses. Particularly gentle and effective.

VIBRATING PLATE FOR HORSES



Studies have shown it stimulates muscles and improves circulation, boosting the body's ability to heal itself. Horses that receive regular vibration therapy sessions also perform better and are less injury prone.

Body vibration technology

The vibration plate loosens the muscles of your horse and promotes balance. Vibration is particularly effective especially for deeply lying muscles, for example in the back.

Powerplate benefits

- Gentle training for your horse
- Injury prevention
- Contributes to active muscle relaxation
- highly beneficial in improving overall health.



TREADMILL

Effective training

Equipped with a muted bottom plate to ensure relief of the joints for an effective, joint-safe running training.

Treadmill benefits

- Unique patented Grass / Forest Soil Technology
- Automatic start
- Emergency Stop
- Safety light barrier
- Security lock
- Fully automatic monitoring system
- Auto height adjustment
- 9 program control.

COLD SALTWATER THERAPY



Hydrotherapy

Cold saltwater hydrotherapy is effective at both preventing and treating all lower leg injuries. It is a drug-free therapy used to increase mobility and reduce swelling in limbs before and after competitive events. Chilled saltwater will remove heat and inflammation while providing pain reduction. Cold saltwater spa therapy is used to treat several conditions including laminitis, tendonitis, arthritis, hoof injuries, open wounds and infections.



Hydrotherapy benefits

- Rehabilitation for fatigue symptoms
- Stay fit and strengthen the legs
- Prevent leg injuries
- Quick recovery.



CRYO THERAPY

Enhancing the recovery process

Pain and inflammation are decreased, toxins and other waste products are removed and blood containing oxygen, healing proteins and other essential nutrients are increased to the affected area.

Overall, the body's natural process of recovery is enhanced enabling the horse to get back to what they love doing quicker.

Benefits

- Slowing down the development of swelling, preventing further injury to tissue
- Counter acting the development of inflammation
- Ensuring better blood circulation, giving the body the chance to get rid of toxins faster
- Pain relief and relaxed feeling.

HOFMAG THERAPY



Magnetic Waves

Using short, high intensity pulsed magnetic waves, PEMF is known to assist with injured tissues and stimulate natural self-healing mechanisms at a cellular level. Research has shown that PEMF improves blood flow and muscle oxygenation, helps prevent injury and speeds up recovery, leading to an all-important optimization in performance.

Hofmag benefits

- Energy therapy
- Muscle pain and fatigue relief
- Muscle stimulation
- Bone healing
- Drug free therapy.



LASER THERAPY

Regeneration & Remodeling

Laser Therapy can accelerate healing and improve the repair, regeneration and remodeling of tissue in the horse. Some uses for laser therapy are wound healing, pain management, tendon/ligament injuries, muscle tears, neurologic injuries and stimulation of acupuncture points.

Benefits

- Increased blood flow and lymphatic drainage
- Increased tissue oxygenation and delivery of pro-healing factors to stimulate healing
- Altered cellular metabolic activity affecting extracellular matrix composition and increasing both growth factor release and cell permeability to uptake these molecules
- Enhanced tissue realignment and revitalization leading to healthier healed tissue.



ULTRASOUND THERAPY



This therapy is a noninvasive treatment in which sound waves are used to penetrate soft tissues, increasing blood flow. This can help relieve pain, improve circulation, and promote tissue healing. As such, ultrasound therapy is often used to treat injuries and muscle spasms, as well as chronic issues like neck or back pain.

Supports...

- Neck pain
- Chronic back pain
- Myofascial pain syndrome, which describes recurring pain and spasms in an area of the body
- Osteoarthritis, often referred to as "wear-and-tear" arthritis of the joints
- Bone fractures
- Nerve pain
- Pain due to non-cancerous tumors
- Tendinitis, or when the tissue that connects the bones to the muscles becomes irritated
- Bursitis, or when the fluid-filled sacs in the joints become inflamed.



SHOCK WAVE THERAPY

Body Repair Mode

Shockwave therapy involves passing short, intense sound waves into damaged tissues, which increases blood flow, has an analgesic effect and stimulates the repair and regeneration process. The treatment puts the cells into repair mode and allows the body to restart its own accelerated healing process.

Benefits

- Rapid reduction in pain and decreased healing times
- Works on chronic and acute conditions
- None of the side effects of steroid treatments — nor the dangers of further injury
- a great alternative to drugs and their side effects
- a successful alternative to surgery as a treatment for horse injuries.

SOLE INHALATION



The use of equine salt therapy reduces the reliance on antibiotics and often harmful medications. **Salt rooms** provide a natural healing environment, putting no undue pressure on the horse by providing a stress-free treatment experience.

Supports...

- Quick relief for horses with respiratory problems (for additional help we provide steamed hay with Hay Gain)
- Drug free therapy
- Rapid skin rash clearance
- Performance enhancer.





EQUUSIR BEST BOX

Holistic Performance Management

The **equusir best-box** combines modern high-end technology and current findings of quantum physics with the holistic concept of body energies. The aim of the application is to meet the requirements of modern performance management.



Supports...

- Back blockades, tensions of the musculature
- Tendon and joint blockages
- Digestive problems
- Cycle fluctuations
- General immune and vitality fluctuations
- Metabolic problems
- Inflammations
- Respiratory diseases.

EQUUSIR BLANKET



The **equusir blanket** can be used without medical training. However, it does not replace veterinary treatment, but supports a necessary therapy as a complementary application. It has an indirect positive effect!

Supports...

- Hoof and joint problems
- Colic prevention
- Blockades and tensions of the musculoskeletal system
- Relief for states of pain
- Relaxation for nervous horses
- Sleep improvement.

ACCOMMODATION AND CARE

- Quiet stable area
- Generous rehab boxes
- Concentrated feed three times a day
- Straw or shavings bedding





PRICING

Boarding, including box (on straw or shavings), hay and muesli (3 x per day), daily box cleaning and use of riding surfaces (indoor arena, outdoor arena and lope track).

Invoiced according to horse size (Double Pony, Quarter Horse or Saddle Horse) or stall area with options.

Our standard boxes without paddocks are 4.5m x 3.5m in size, and range in price from 1.290,- CHF for small horses to 1.665,- CHF for big horses.

We also have in the wellness area, other 20m² boxes with 16m² sand-paddocks, as well as two 30m² boxes with 20m² sand-paddocks.

In a third stable, we offer 8 x 16 m² boxes with covered outdoor boxes and 80 m² of sand-paddocks.

Options such as pastures, large sand-paddocks or horse-walker will be charged extra. Discounts and benefits available for owners boarding several horses.

Monthly packages are available, such as the example [\(Basic Package\)](#), which includes daily care of your horse by our team.

BASIC PACKAGE

Other packages, such as relaxation and muscle reinforcement, are also available.

Rehabilitation can be carried out „à la carte“, but always on the recommendation and under the supervision of a veterinarian.

Prices shown include VAT, details of services and full price list on request to our management.

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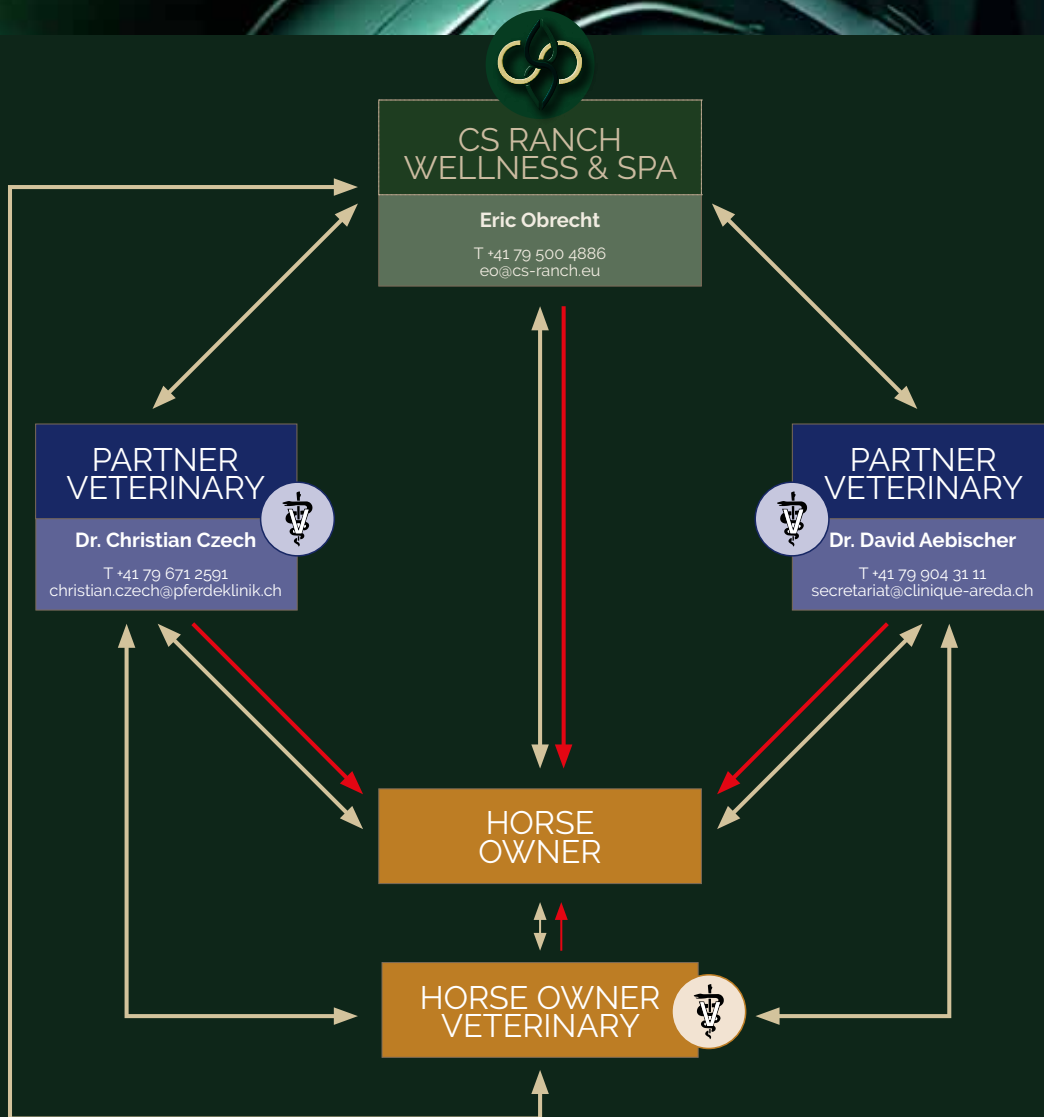
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We are a well-rehearsed team and each of us has many years of experience in keeping, caring for and dealing with sport horses.



Informations

When it comes to exchanging information (beige arrows), you have several options.

- For all matters relating to Wellness and Spa, the owner can contact the **CS Ranch Team** directly.
- For **Rehabilitation and Therapy**, a **vet** must be involved and there are 2 options.
- The **Owner's vet** prepares the prescription, takes responsibility for it and forwards it to the **CS Ranch Team**.
- The **Owner** or their **vet** contacts one of our **partner vets** to prepare the prescription, take responsibility for it and pass it on to **CS Ranch Team**.

Invoicing

As far as invoicing is concerned (red arrows), it will be:

- **Veterinary costs** will always be paid by the horse owner.
- **CS Ranch** will invoice the horse owner for boarding costs and the various services ordered or prescribed by the owner or one of the vets.

↔ Information Exchange

→ Billing Exchange



„Because we have our own sport horses, we have very good and long-standing contacts with specialists in the fields of physiotherapy, osteopathy, lymphatic drainage and acupuncture. Our blacksmith is regularly on site and specializes in orthopedic shoeing for sport and leisure horses.“

Corinna Schumacher
(Owner)



HEAL ING SOUL

Basically, every therapy method pursues the same goal - a gentle and efficient recovery of your horse. With a sensible combination of innovative and demonstrably successful approaches, we create optimal conditions for this.



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